

# REGISTER NOW

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## TRACK & FIELD

1 2 3 4 5 6 7 8

Join our **NEW LTYA Track & Field Program** and learn the fundamentals of the sport in a fun and personal environment.

The goal of the program is to introduce and teach several aspects of the sport; such as proper running mechanics, basic throws and jumps that will help with ALL events in track & field.

### WHERE:

## BEE CAVE MS

5400 Vail Divide / Austin, TX 78738

### WHEN:

Starting **MAY 7TH**  
@ **6:00 PM**

### INFORMATION:

-  Running Events: **60, 100, 200, 400, 4x100**
-  Field Events: **Long Jump & Turbo Javelin**
-  Age Groups: **7-8, 9-10, 11-12**
-  Running Session: **Tues./Thurs. 6pm-7:15pm**
-  Field Session: **Tues./Thurs. 7:15pm-8pm**
-  Track Meets: **Fridays (Bi-weekly/4 Total)**
-  Cost: **\$350 (includes sessions, t-shirt, singlet)**